Vaccine Preventable
Diseases Epidemiology
in MA – Get Back on
Track

Massachusetts Adult Immunization Conference April 4, 2023

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Disclosure

We, Marija Popstefanija & Trisha Barungi, have been asked to disclose any relevant financial relationships with ACCME-defined commercial entities that are either providing financial support for this program or whose products or services are mentioned during this presentation.

We have no relevant financial relationships to disclose.

We may discuss the use of vaccines in a manner not approved by the U.S. Food and Drug Administration, but in accordance with ACIP recommendations.

Agenda

Vaccine Preventable Diseases – Get Back on Track

Resources

- NEW Web-based Bureau Reporting Forms (BRFs)
- Dashboards: COVID, Influenza, Mpox, Wastewater

Quick review

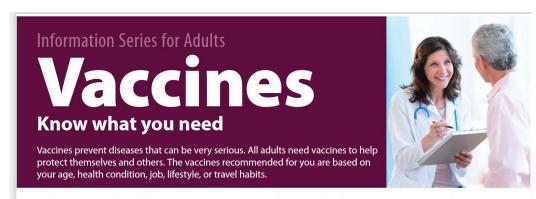
- Polio
- Hepatitis B
- Mpox

Morbidity and Trends

- Measles
- Mumps
- Influenza
- Respiratory illnesses



https://www.mass.gov/influenza and https://www.mass.gov/flu-facts



Talk to your healthcare professional about which vaccines are right for you!

Vaccines you may need based on your age:

Bureau Reporting Forms (BRF's)

Cases – Infectious Disease <u>Case</u> Report Forms No More FAXING!

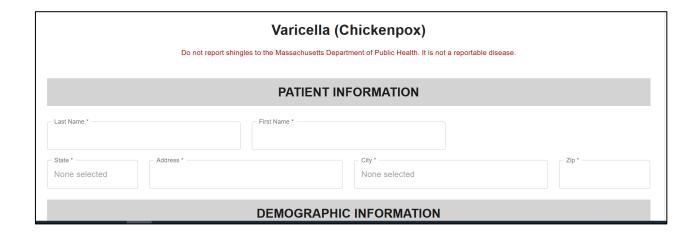
- •COVID-19
- Varicella
- Hepatitis B Infected Pregnant Woman
- Hepatitis B Maternal/Infant Birth
- Tuberculosis**
- Gonorrhea

Clusters – Infectious Disease <u>Clusters</u> Report Forms No More FAXING!

- •COVID-19
- •GI Illness Clusters
- Influenza
- Gonorrhea
- Varicella

**Use this form to report any positive test for TB (IGRA or TST) or to report any individual suspected of having active pulmonary or extra-pulmonary TB.

https://madss.casetivity.com/pages/CaseReportForms



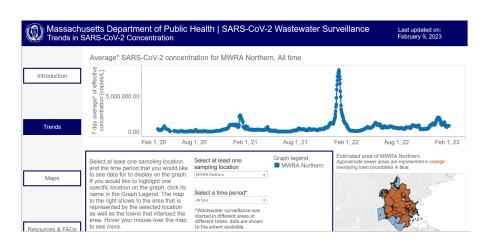
Influenza/Respiratory Illness Facility Cluster Reporting F	orm						
A respiratory illness cluster is defined as one positive influenza test or 3 or more clients/students with influenza-like illness (ILI*). Submit one form per							
cluster at your facility. A new form should only be submitted if there is a new cluster and it has been greater than 14 days since your last case. (*ILI is							
defined as: Fever of >=100F and cough and/or sore throat.).							
Facility Information							
racinty information							
Report Date * Facility Name *							
MM/DD/YYYY							

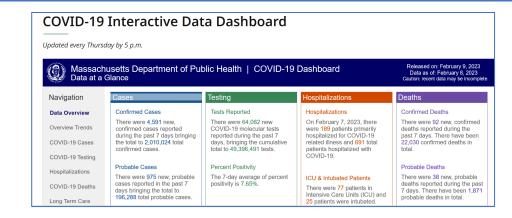
Dashboards/Data Reporting

4 Dashboards – COVID-19, Influenza Mpox and Wastewater

Dashboards/Data Reporting

- •COVID https://www.mass.gov/info-details/covid-19-response-reporting
- •Influenza https://www.mass.gov/info-details/weekly-flu-report
- Mpox https://www.mass.gov/info-details/mpox-data-reporting
- Wastewater https://www.mass.gov/info-details/covid-19-wastewater-report



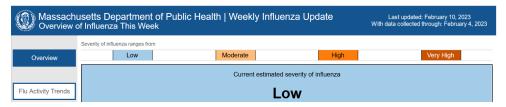


Weekly Flu Report

Massachusetts Department of Public Health weekly influenza update

Interactive data dashboard

Updated every Friday by 5 p.m.



Mpox Data Reporting

Cumulative reports on mpox (formerly called monkeypox) cases and people vaccinated in Massachusetts.



Vaccine-Preventable Diseases in Massachusetts*, 2013-2023**

**Data are current as of 2/21/23 and are subject to change.

Disease	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
Measles	1	8	0	1	0	2	3	1	0	0	0
Mumps	71	5	6	258	192	44	64	19	2	10	0
Rubella	0	0	0	0	1	0	0	0	0	0	0
Meningococcal Disease	11	11	12	11	10	21	15	10	9	13	1
Pertussis	348	298	253	198	383	262	287	42	5	5	2
Diphtheria	0	0	0	0	0	0	0	0	0	0	0
Pneumococcal Disease < 5	24	27	20	31	21	26	23	14	19	30	3
Hib < 5	1	1	0	1	2	1	0	0	0	1	0
Varicella	474	469	356	289	380	293	299	93	99	102	17
Tetanus	0	0	0	0	0	0	1	1	1	0	0
Polio	0	0	0	0	0	0	0	0	0	0	0
Hepatitis A	46	42	35	64	53	373	193	32	18	27	***
Hep B (acute)	41	36	34	32	52	48	37	16	14	21	***

^{*}Both confirmed and probable cases are reported for measles, mumps, rubella, teta nus and varicella to better reflect the true burden of disease. All other diseases include confirmed cases only. ***Preliminary data are not available for 2023 YTD.

Control of VPDs is a Collaboration

Local Boards of Health – School Nurses – Childcare – Hospitals – Providers – Labs

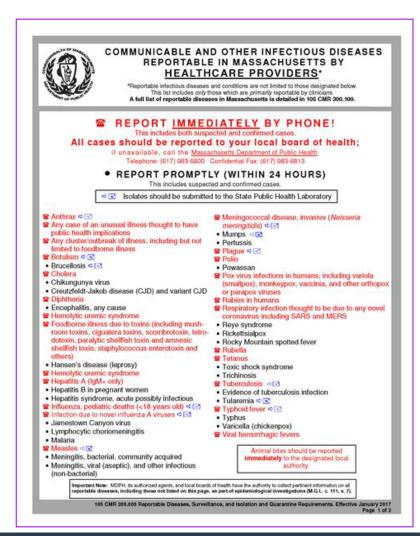
Vaccinate! Get vaccinated!

Report suspected and confirmed cases of VPDs!

- Notify patient of diagnosis/suspected diagnosis
- Provide key information to the LBOH to complete the official "Case Report" per 105 CMR 300.000

Control measures:

- Isolate patient if still infectious
- Educate patient about protecting their family and close contacts
- Inform patient that the LBOH/MDPH may be calling
- Assist with notification and PEP
- Exclude susceptible individuals (staff, students, etc.)



<u>List of Reportable Diseases</u>

MAIC Conference 2023

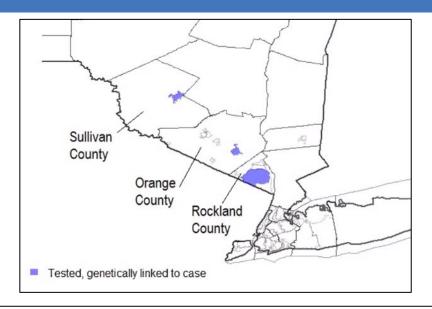


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POLIO

Polio Update

- On July 18, 2022, CDC was notified about a case of polio, in New York state in an unvaccinated patient who presented to an emergency room with lower limb weakness with fever.
- Vaccine-derived poliovirus (VDPV) type 2 was isolated from the patient and identified from wastewater samples in two neighboring New York counties.
- The NY State Health Department and CDC are working to assess any potential risk, put in place prevention measures like vaccination clinics, and test for poliovirus in wastewater samples.
- This is the second identification of community transmission of poliovirus in the United States since 1979; the previous instance, in 2005, was a type 1 VDPV.



More details can be found at <u>Polio Vaccination: What Everyone</u>

<u>Should Know | CDC</u> and <u>Polio Vaccination: For Healthcare Providers | CDC</u>

MMWR released August 16, 2022, Public Health Response to a Case of Paralytic Poliomyelitis in an Unvaccinated Person and Detection of Poliovirus in Wastewater — New York, June—August 2022

MMWR released November 4, 2022 Wastewater Testing and Detection of Poliovirus Type 2 Genetically Linked to Virus Isolated from a Paralytic Polio Case — New York, March 9—October 11, 2022 https://www.cdc.gov/mmwr/volumes/71/wr/mm7144e2.htm

Polio Update: What Providers Should Do

CDC recommends that **everyone be up to date with polio vaccination** and urges everyone who is not fully vaccinated to complete the polio vaccination series as soon as possible.

- MDPH recommends that providers proactively review their patients' vaccination records for patients who are under-vaccinated for polio.
- Most adults in the U.S. were vaccinated as children. However, adults who have never been vaccinated against polio should get 3 doses of IPV. Those partially vaccinated should receive the remaining doses. (See <u>CDC Catch-up Schedule</u>)
- Adults travelling and at increased risk of exposure to polio virus - may administer one lifetime IPV booster.

Call the 24/7 Division of Epidemiology line at 617-983-6800 to report a suspect case.

*Submitting a stool sample is crucial

Polio Update: What Providers Should Do

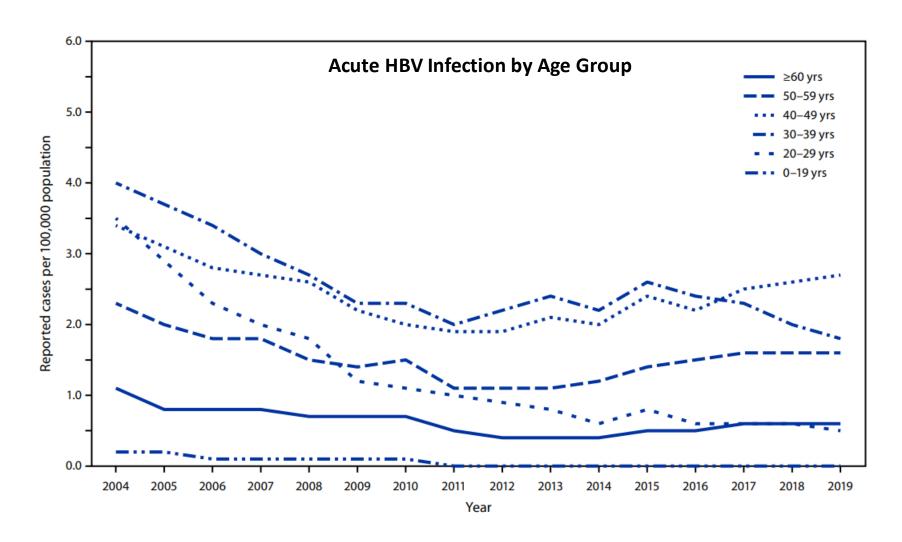
- Make polio vaccine availability for your patients
- Clinical provider's office who are not routinely using the polio vaccine should reach out to other clinics in their area and collaborate to assure a supply of the vaccine is available.
- ➤ Travel clinics
- **≻**Pharmacies



Massachusetts Department of Public Health

Hepatitis B

Rates of reported acute hepatitis B virus infection, by age group — United States, 2004–2019



SOURCE: https://www.cdc.gov/mmwr/volumes/71/wr/mm7113a1.htm

Hepatitis B Vaccination for Adults

Universal Hepatitis B Vaccination in Adults Aged 19–59 Years: Updated Recommendations of the Advisory Committee on Immunization Practices — United States, 2022

Universal adult HepB vaccination through age 59 years removes the need for risk factor screening and disclosure and could increase vaccination coverage and decrease hepatitis B cases.

Rationale:

- HepB vaccination coverage among adults aged ≥19 years is low.
- HepB vaccination coverage among adults with risk factors has been suboptimal.
- A universal recommendation for HepB vaccination could increase the number of persons who receive vaccination before the onset of chronic liver disease and other comorbidities (e.g., obesity or diabetes) that might make vaccination less effective.

SOURCE: https://www.cdc.gov/mmwr/volumes/71/wr/mm7113a1.htm



Massachusetts Department of Public Health

Mpox

Mpox cases as of 3/30/2023

U.S. Cases

Total Cases

30,286

U.S. Deaths

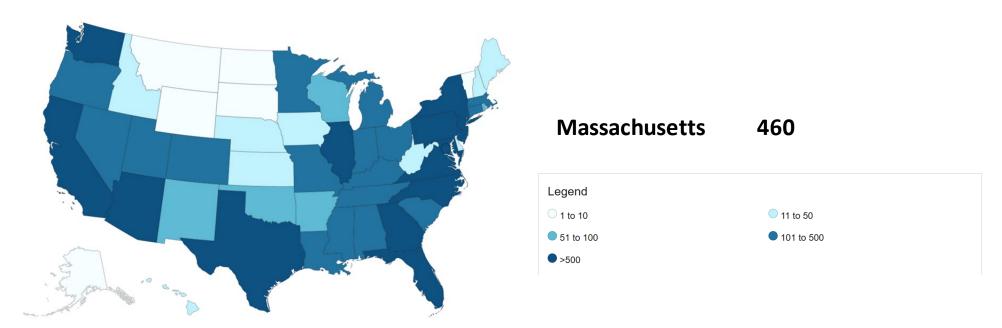
Total Deaths

38

Global Cases

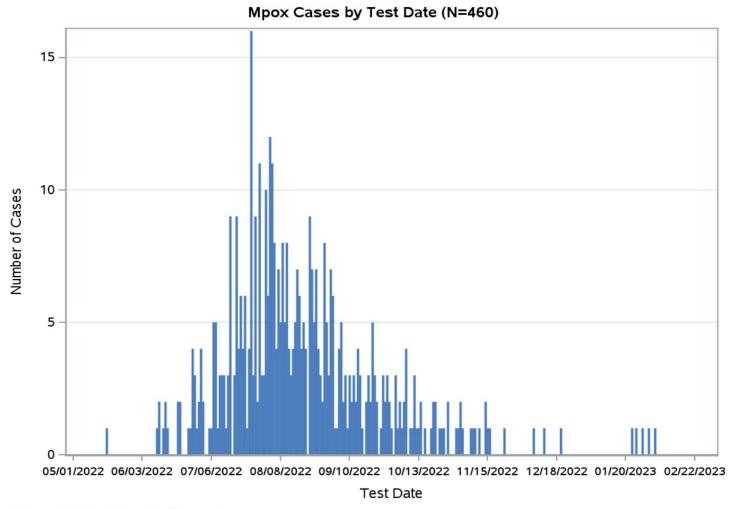
Total Cases

86,500



SOURCE: https://www.cdc.gov/poxvirus/monkeypox/response/2022/us-map.html

MA Mpox cases as of 3/1/2023

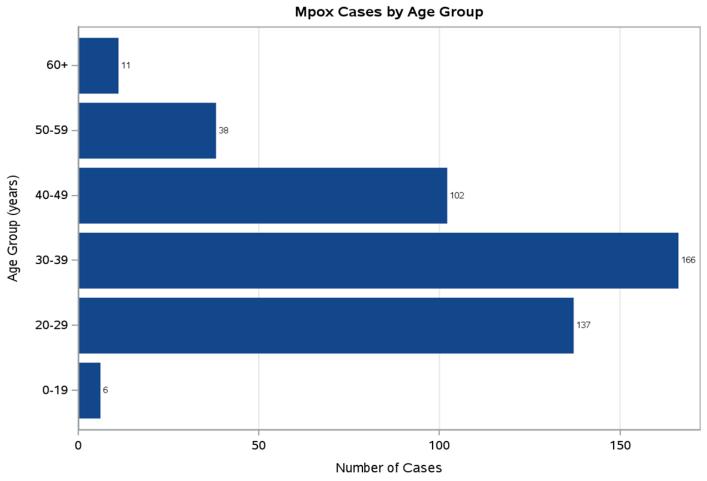


Data as of 03/01/2023 and subject to change.

Source: CCC structure and update (mass.gov)

https://www.mass.gov/mpox

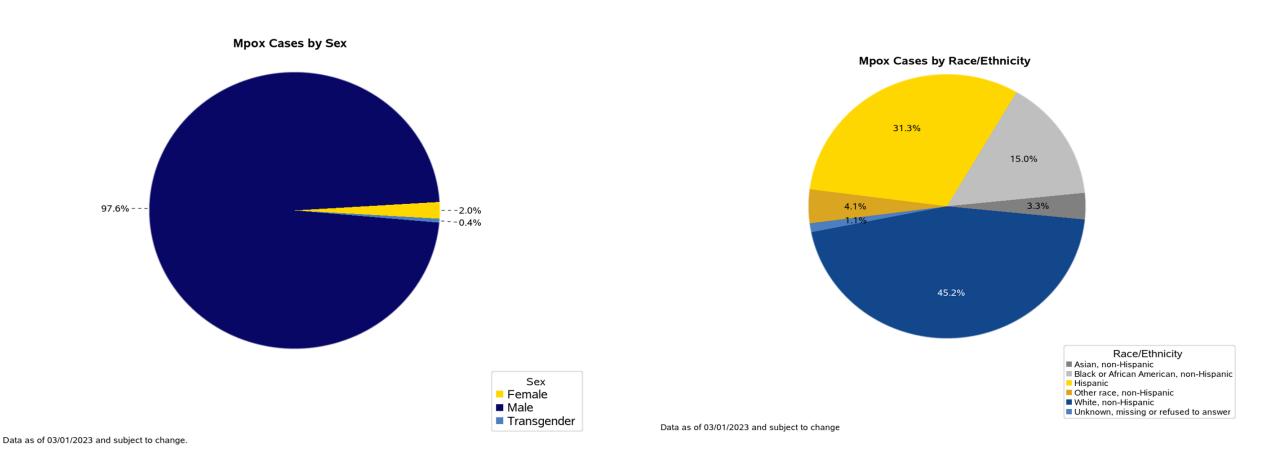
MA Mpox cases as of 3/1/2023



Data as of 03/01/2023 and subject to change.

Source: CCC structure and update (mass.gov)

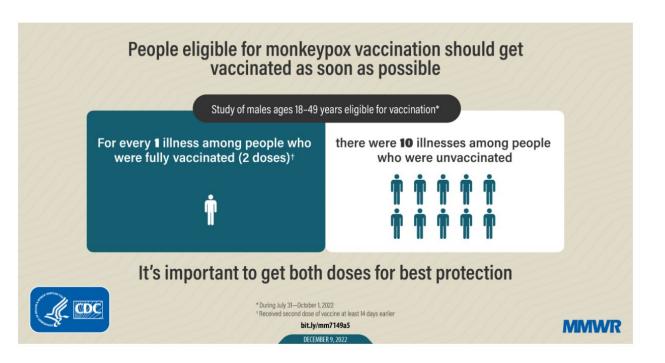
MA Mpox cases as of 3/1/2023



Source: CCC structure and update (mass.gov)

Mpox Vaccine Administration in the U.S. as of 3/28/2023

1,208,260 Doses administered in the U.S



Reminder:

- ·Ask your patients about their sexual health and potential risk factors for Mpox
- · Vaccinate when appropriate.

Availability of vaccine

As of October 3, 2022, vaccination will be available to individuals who live or work in Massachusetts and meet the CDC's current eligibility criteria, which have recently expanded to include individuals at potential risk for mpox in addition to those with possible recent exposure to an individual with mpox:

Persons eligible for post-exposure vaccination (PEP) includes:

- Known contacts identified by public health via case investigation, contact tracing, and risk exposure assessments (this may include sexual partners, household contacts, and healthcare workers); as well as
- Presumed contacts who meet the following criteria:
 - Know that a sexual partner in the past 14 days was diagnosed with mpox
 - Had multiple sexual partners in the past 14 days in a jurisdiction with known mpox

Mpox vaccination | Mass.gov



Massachusetts Department of Public Health

Measles

Measles in Massachusetts

Total Confirmed Measles Cases and Measles Investigations*

	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
CONFIRMED MEASLES	1	8	0	1	0	2	3	1	0	0
Total Suspect Investigations	63	111	119	62	55	74	196	24	16	17

*Data as of 2/1/2023

Note: Imported cases (AKA travelers who may visit MA while infectious) do not reside in MA and therefore are not included in the table above.

• As you can see, most suspect cases for measles are eventually ruled out, however even one case can lead to several hundred exposures and extensive follow-up.

SOURCE: MAVEN Data as of 2/1/2023

Measles in Massachusetts

- As of the recording of this webinar, our last case of measles in MA was in early 2020 (just before our first case of COVID-19 in the start of a global pandemic)...
- And while vaccination rates are high in our state compared to many, we are still vulnerable as domestic and international travel picks up again and vaccine hesitancy grows.

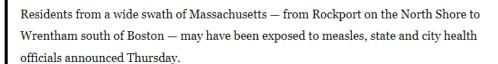




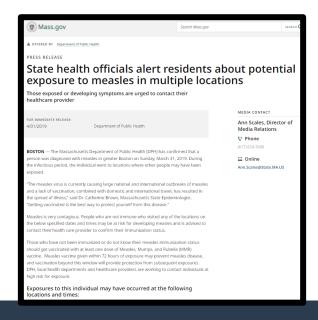


Tourist with measles may have exposed people across Eastern Mass.

By Kay Lazar Globe Staff, May 12, 2016, 12:12 p.m.



A tourist from Europe who was ill with the highly infectious disease shopped, rode the subway, and dined out in Boston and Cambridge on May 1, then headed south to Wrentham the next day to hit the outlet shops and eat at Unos Chicago Grill.



Measles in the News Recently...

- In 2000, Measles was declared eliminated in the U.S.
- However, almost 1,300 cases of measles were reported in 31 states in the U.S. in 2019— the greatest number since 1992.
 - The 2019 <u>U.S. measles outbreaks</u> were all linked to travel-related cases that reached at-risk populations (un or under vaccinated against measles) in the United States.
- Recently, Ohio reported the 4th largest measles outbreak since 2000.



At least 82 children in Ohio infected with measles, more than half of whom are unvaccinated babies and toddlers



Measles is spreading among children in Ohio two months after cases were first detected. As of Thursday morning, there are at least 82 cases...

1 month ago

BBC

Ohio reports more measles cases than previous two years combined



An outbreak of measles in the US state of Ohio has infected 82 children so far - the biggest eruption of the disease in the county since...

1 month ago



More than 80 Ohio children infected in measles outbreak, most unvaccinated



More than 80 children have been infected with measles in central Ohio as an outbreak in the state continues to spread rapidly among the...

1 month ago

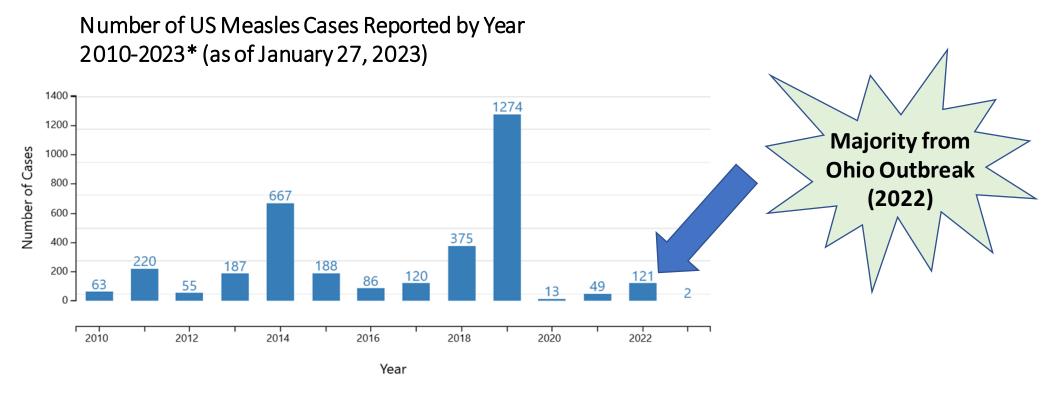
CHOP and Penn Researchers Find 1 in 5 Pregnant Women Lack Measles Antibodies

The study analyzed biobank serum samples collected from 550 patients who were admitted to hospitals for childbirth between April and October of 2021.

https://www.chop.edu/news/chop-and-penn-researchers-find-1-5-pregnant-women-lack-measles-antibodies

Measles Outbreaks in the U.S.

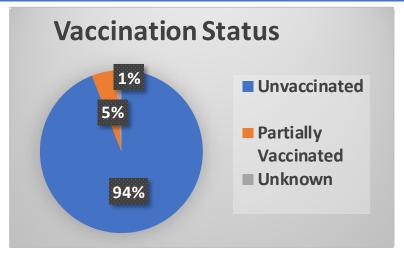
- In any given year, more measles cases can occur for any of the following reasons:
 - an increase in the number of travelers who get measles abroad and bring it into the U.S., and/or
 - further spread of measles in U.S. communities with pockets of unvaccinated people.

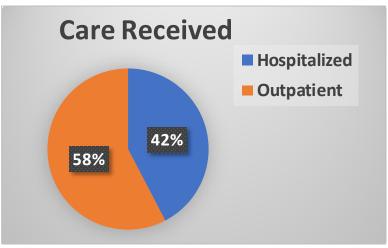


SOURCE: https://www.cdc.gov/measles/cases-outbreaks.html

Measles In Ohio...

- Takeaways from the Ohio Measles Outbreak (2022-2023) N=85 Cases (as of Jan. 17, 2023)
 - Began with international travel, spread among local community.
 - 94% of cases were unvaccinated
 - Majority (71%) were age eligible
 - Parents reported vaccine hesitancy
 - Notably higher hospitalization rate (42%)
 - U.S. hospitalization Rate typically ~25%
 - Young age of cases and case detection in the hospital setting
- Outbreak <u>declared over</u> following two incubation periods (42 days) with no new cases (2/5/23).

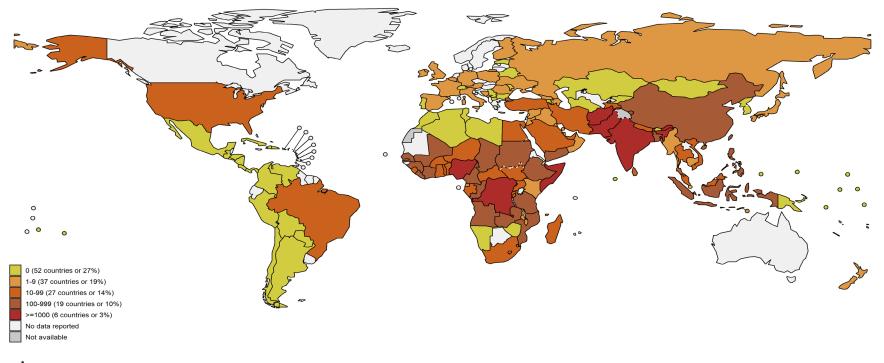




N=85 Cases as of 2/6/23

Measles Case Summary: Central Ohio Outbreak

Number of Reported Measles Cases (Last 6 months)



Country	Cases*		
Nigeria	4,640		
India**	4,246		
Somalia	2,297		
Pakistan	1,935		
DR Congo***	1,765		
Afghanistan	1,344		
Ethiopia	983		
Côte d'Ivoire	849		
Yemen	638		
Mali	596		



Map production: World Health Organization, 2022. All rights reserved Data source: IVB Database

Disclaimer: The boundaries and names shown and the designations used on this map do notimply the expression of any opinion whatsoever on the part of the World Health Organization concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted and dashed lines on maps represent approximate border lines for which there may not yet be full agreement.



• Notes: Based on data received 2022-03 - Surveillance data from 2021-08 to 2022-01 - * Countries with highest number of cases for the period - **WHO classifies all suspected measles cases reported from India as measles clinically compatible if a specimen was not collected as per the algorithm for classification of suspected measles in the WHO VPD Surveillance Standards. Thus numbers might be different between what WHO reports and what India reports. - ** DRC typically reports more cases through IDSR

Evidence of Immunity for Measles

- 1. VACCINE RECORD: Documentation of 2 appropriately timed doses of measles containing vaccine; or
- LAB TEST: Serologic evidence of immunity or laboratory evidence of disease; or
- AGE: Birth in the US before 1957 (unless a healthcare worker)
 - Past history of disease is NOT acceptable evidence of immunity without a lab test.
 - Foreign-born individuals (including those born before 1957) should have documentation of immunization or serologic evidence of immunity. Those who are born before 1957 can be assigned a lower priority for follow up.

Quarantine for Susceptible
Contacts: Day 5 through Day 21
Following Exposure. (Exposure = Day 0)

- Not sure if someone was previously vaccinated? There is no harm in giving MMR vaccine to a person who may already be immune to one or more of the vaccine viruses.
- There are currently 2 MMR vaccine products on the market from Merck and GlaxoSmithKline and they are interchangeable.

True Story: Healthcare Exposures!

Health care workers:

- regardless of year of birth, who are not appropriately immunized or do not have laboratory evidence of immunity:
- will be excluded from work from the 5th day after their first exposure through the 21st day after their last exposure.

These restrictions for health care workers and inpatients remain even if the contact received IG or was vaccinated post-exposure.

Case study

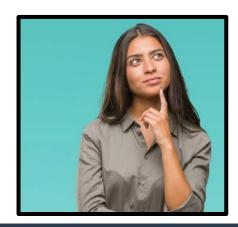
- MA Medical Practice saw a patient with a rash, suspected measles and sent a lab specimen to a commercial lab (no notification to MDPH) and the results returned positive for measles.
- Multiple providers were exposed, and the office had NO IDEA if their staff had evidence of immunity, requiring titers on all staff and closing the office for a day while awaiting results.

Fortunately, all came back immune but remember to have vaccination documentation or laboratory evidence readily available!

Questions to Think About for Your Staff

- Do YOU have evidence of your immunity to measles?
 - Your Staff?
 - Could you quickly stand up an MMR vaccine clinic for exposed patients?

• Is it clear who would provide emergency weekend response if you did have a large exposure requiring immediate follow-up?



Measles Testing

- Due to high vaccination rates in MA and the U.S. at large, measles is still relatively rare.
- **SUSPECT** measles cases reported to MDPH will be assessed as based upon:
 - > clinical presentation (fever, rash, 3C's-cough, coryza, conjunctivitis)
 - > vaccination status of the patient, and additional known risk factors as below:

Risk factors

- International traveler
- Recent travel to an area with known confirmed cases
- Sick contacts
- Unvaccinated or vaccinated abroad
- Classic symptom presentation
- Collect NP swab (preferred) and serology samples that can be sent to the state lab

Next Steps for Suspect Measles

- Call us at 617-983-6800 to discuss and assess risk!
- Important questions to ask:
 - O Vaccination history?
 - Any recent contact with people experiencing similar symptoms?
 - O Any recent travel, especially international?
 - Any recent contact with visitors from outside the U.S.?
 - Where did the rash start, what does it look like, and how did it spread?
 - Take some pictures of the rash to share confidentially with medical directors at MDPH.
 - O Did patient have a fever, cough, conjunctivitis or coryza?
 - Did your staff have close contact with the patient? What PPE were they using?
 - O What type of room was the patient evaluated in?



Next Steps

- Isolation (Cases)
- Through 4 days after rash onset with onset of rash being day 0

- Quarantine (Contacts)
- Contacts born in or after 1957¹, who are not appropriately immunized or do not have evidence of immunity, will be excluded from work, classes, or other public activities from the 5th through the 21st day after their exposure

¹⁻ This year cutoff is not applicable to HCWs.

¹⁻Foreign born individuals even those born before 1957 must have documentation of immunization, serologic evidence of immunity or lab evidence of disease

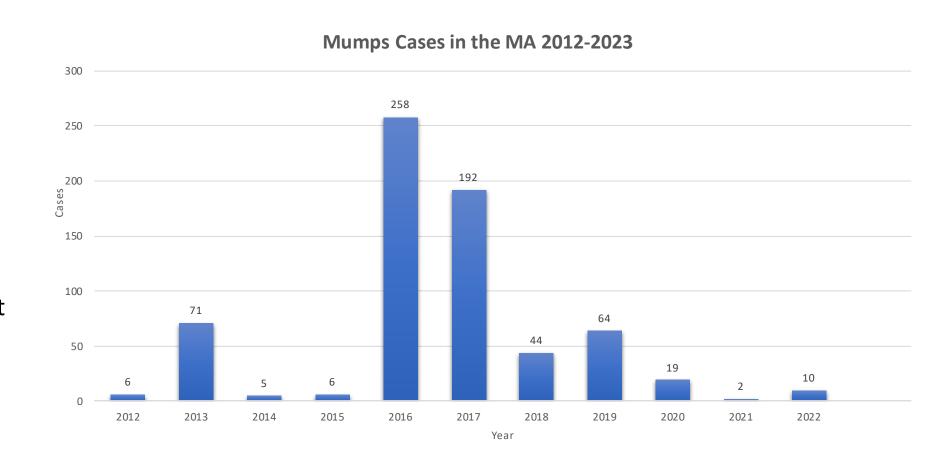


Massachusetts Department of Public Health

Mumps

Mumps in MA

- 51% of probable / confirmed cases of mumps in MA from 2016-2021 were among college aged adults (18-24 years old)
- 32% of probable / confirmed cases of mumps in MA from 2016-2021 were vaccinated with their first dose of MMR between 1998-2002.
- No cases in 2023 as of 3/3/23.



SOURCE: MAVEN Data as of 3/3/23 and are subject to change

Mumps in United States

Reported US Mumps Cases by Jurisdiction and Year*

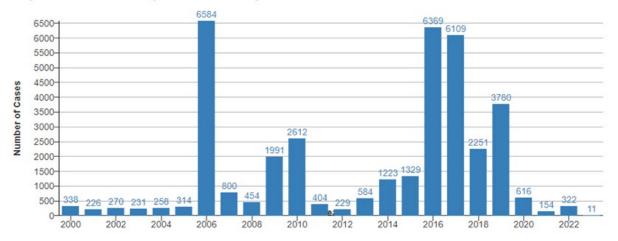
Reported Mumps Cases-2023



*Jurisdictions refer to any of the 50 states, New York City, and the District of Columbia.

**2023 map represents cases reported to CDC as of February 2, 2023; 2022 and 2023 case counts are preliminary and subject to change.

Reported Mumps Cases by Year — United States, 2000-2023**



SOURCE: http://www.cdc.gov/mumps/outbreaks.html

Case Study: Suspect Mumps

- On Feb 13, provider at College Health Center calls MDPH to report a suspect case of Mumps:
 - Case is a 21-year-old male college student from Town Z.
 - The patient presented on 2/13 with bilateral parotid swelling (more pronounced on the left side) that began on 2/11.
 - Swelling is tender on both sides.
 - Fever of 101⁰, fatigue, headache and jaw pain.
 - Returned from a one week trip to a college in another state approximately 2 weeks ago for a soccer tournament where there have been mumps cases.
 - Has 2 MMR doses
- MDPH advises the facility to collect a buccal swab and serum for IgM testing to be sent to MA State Public Health Laboratory (MA SPHL).



Classic Suspect situation based upon recent travel, potential exposure to mumps, classic symptoms.

Mumps Testing

- Due to high vaccination rates in MA and the U.S. at large, mumps cases/outbreaks have occurred but are still relatively rare.
- SUSPECT mumps cases reported to MDPH will be assessed as Low or High Suspect based upon:
 - clinical presentation, vaccination status of the patient, and additional known risk factors.

Risk factors

- Known contact with a confirmed mumps case
- Recent travel to an area with known confirmed cases
- Sick contacts
- Unvaccinated or vaccinated abroad
- Classic symptom presentation
- Dense communal living (dorm environment)



- Reminder to collect and send in a buccal swab to MA SPHL for testing! You can also send serum too.
- Providers should add other respiratory viruses to their differential list in addition to mumps

Next Steps for Suspect Mumps

- Call us at 617-983-6800 (24/7/365) to discuss!
- Important questions to ask:
 - OVaccination history?
 - OAny recent contact with people experiencing similar symptoms?
 - OAny recent travel, especially international?
 - OAny recent contact with visitors from outside the US?
 - Old patient have a fever or parotitis?

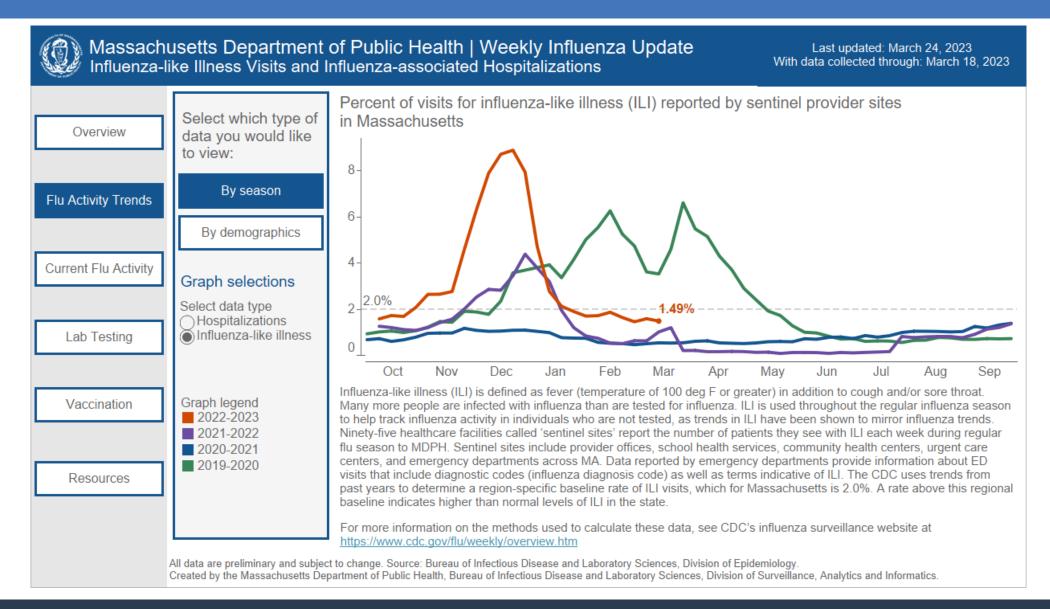
LBOH will also investigating these cases so providers can remind patients that LBOH will be in contact.



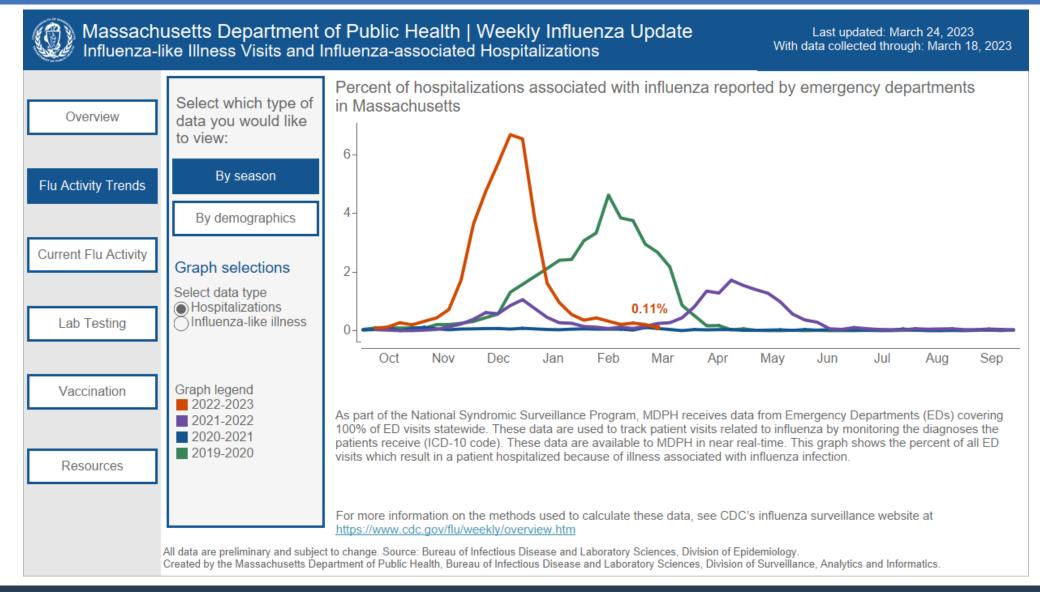
Massachusetts Department of Public Health

Influenza

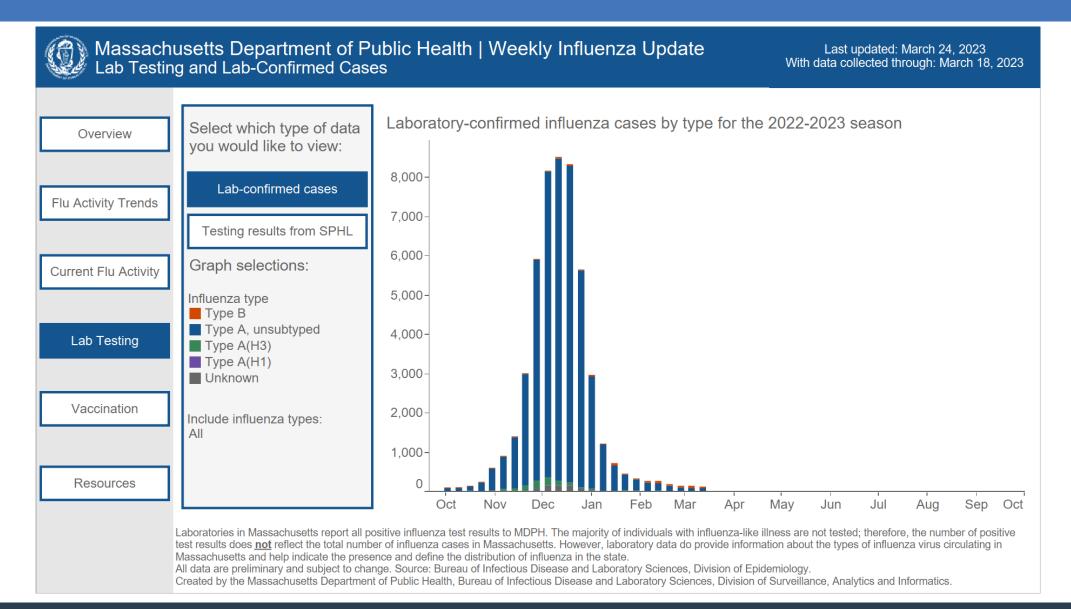
Influenza-like illness (ILI) in MA 2022-2023



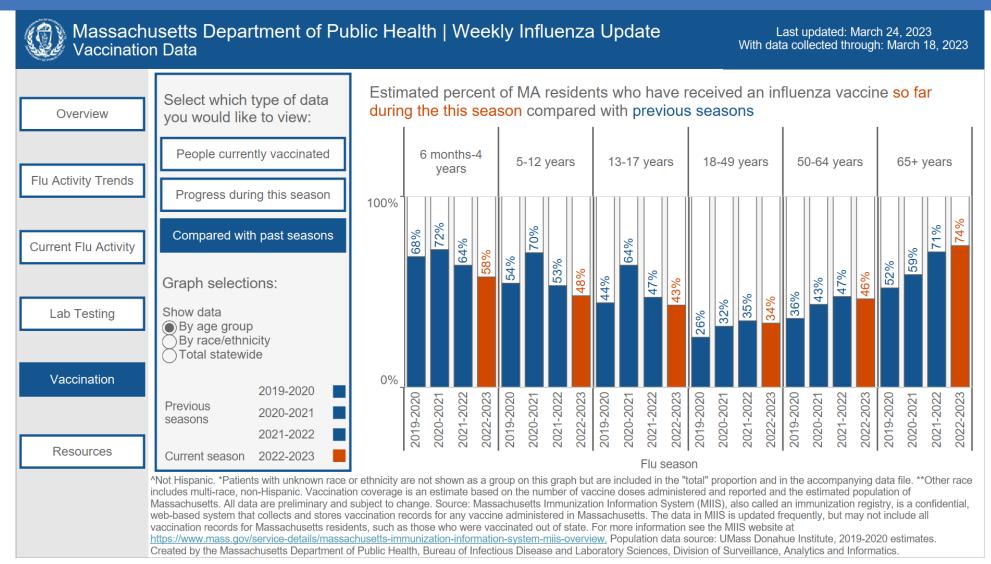
Hospitalizations Associated with Influenza in MA 2022-2023



Influenza: Lab Confirmed Cases in MA 2022-2023



Influenza: Vaccination by age group in MA 2022-2023

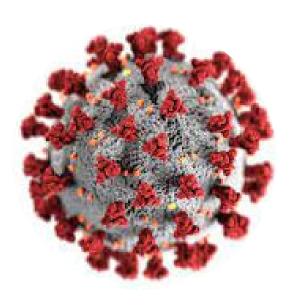


SOURCE: https://www.mass.gov/info-details/weekly-flu-report

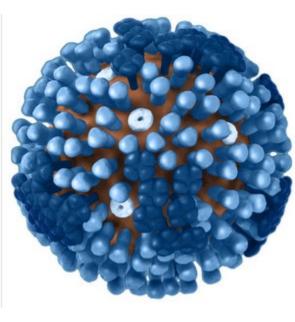
Flu Vaccination Data Takeaways

- Influenza vaccine coverage remains lowest among adults 18-49 years of age
 Similar trend at the national level
- Prepare for next Fall How to talk to your patients about receiving influenza and COVID-19 vaccination annually prior to respiratory season
 - As well as other vaccinations they may be due for. (Zoster, Tdap, Pneumococcal, Hepatitis B, Hepatitis A)

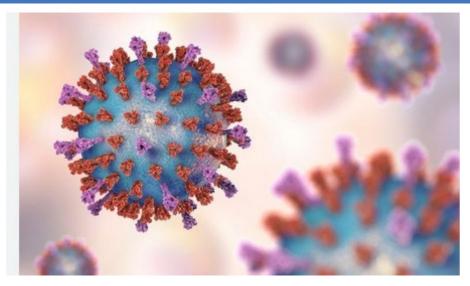
Other respiratory diseases



COVID-19



INFLUENZA



RSV

Parainfluenza, Adenovirus, Rhinovirus/Enterovirus, Seasonal Human Coronavirus, Human Metapneumovirus,

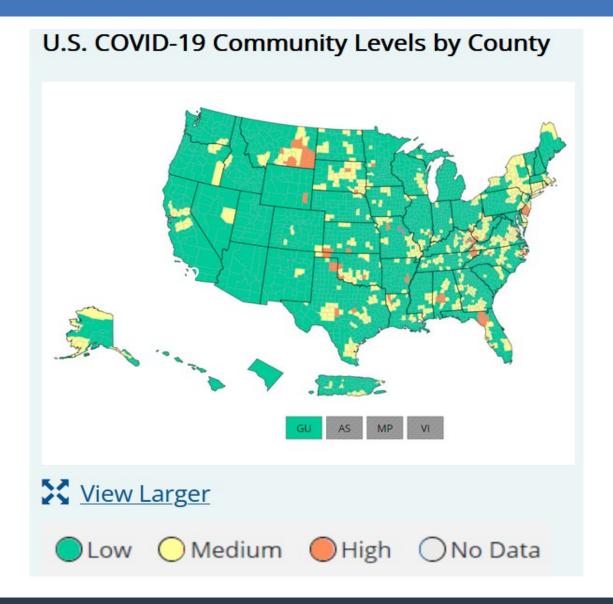
Providers should consider ordering an entire respiratory panel to test for all.



Massachusetts Department of Public Health

Covid-19

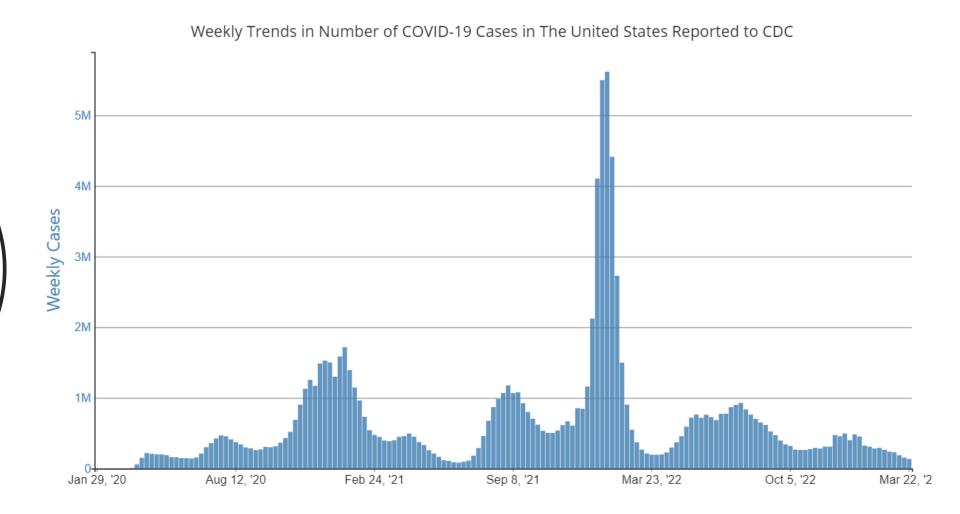
Where are we with COVID-19 today?



- COVID-19 is becoming a routine respiratory illness
- According to CDC as of February 28th 2023, 16.1% of the country population have received the new bivalent booster
- COVID-19 Emergency
 Public Health
 Emergency ends on May
 11 which will affect the cost of vaccines,
 treatment,
 therapeutics for patients.

Where are we with COVID-19 today?

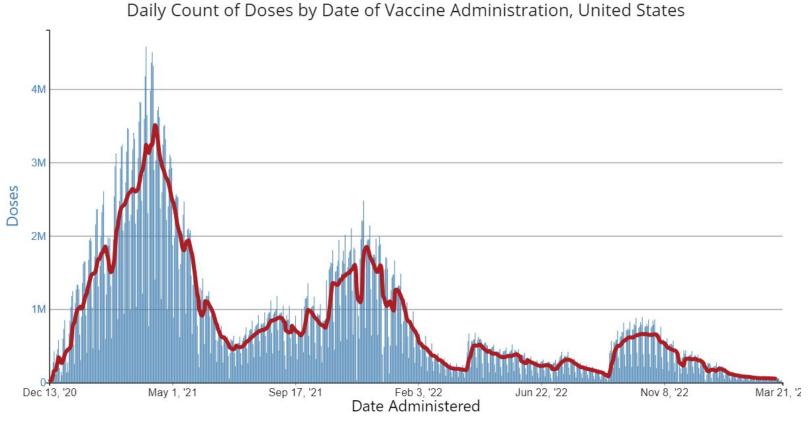
A total of 103,957,053 COVID-19 cases have been reported in the United States as of March 29, 2023.



Where are we with COVID-19 today?

As of March 29, 2023, 673.4 million vaccine doses have been administered in the United States. Overall, about 230.2 million people, or 69.4% of the total U.S. population, have completed a primary series.* About 54.5 million people, or 16.4% of the U.S. population, have received the updated bivalent booster dose.

AN UPDATED COVID-19 VACCINE HELPS SAVE LIVES Vaccinated people* who received an updated COVID-19 vaccine were 14X less likely to die compared with those who received no vaccine 3X less likely to die compared with those who received only the original COVID-19 vaccine(s) People ages 12+ who got their last COVID-19 vaccine dose before September 2022 should get an updated vaccine * Completed the drighal COVID-19 vaccine primary series and/or original booster(s) bit.ly/mm/20603 FEBRUARY 10, 2023



COVID-19 Isolation Guidance¹

Able to Mask

- Stay home for the first 5 days
- If you were asymptomatic OR symptoms are improving² you can resume most activities³ on day 6
- Wear a mask around others from days
 6-10 including in the home

Unable to Mask

- Stay home for 10 days
- If you were asymptomatic OR symptoms are improving² you can resume usual activities on day 11
- Wear a mask around others for the full 10 days including in your home

¹Guidance for the general public.

²Fever free for 24hrs without using fever reducing medication

³Except for activities that do not allow mask wearing

Exposed to someone with COVID-19 (exposure precautions)

If you have been exposed to someone with COVID, you do not need to quarantine as long as you remain asymptomatic, regardless of your vaccination status. You must wear a mask any time you are around others inside your home or indoors in public for the 10 days following your exposure, unless you are unable to mask*.

- If you were exposed and develop symptoms at any time, isolate and take a test and stay home until you know the result. If the result is positive, follow isolation protocols. If your test is negative or if you have remained asymptomatic, take a test on day 6.
- * You are unable to consistently wear a mask due to young age or medical or behavioral condition.

SOURCE: https://www.mass.gov/info-details/covid-19-isolation-and-exposure-guidance-for-the-general-public

COVID-19 Testing



I tested positive for COVID-19 in the last 90 days.

My first positive test result was within:

30 days or less

I have symptoms

Use antigen tests. If negative, multiple tests may be necessary.

I do not have symptoms

Testing is not recommended to detect a new infection.

My first positive test result was within:

31-90 days

I have symptoms

Use antigen tests. If negative, multiple tests may be necessary.

I do not have symptoms

Use antigen tests. If negative, multiple tests may be necessary

After a positive test result, you may continue to test positive for some time after. You may continue to test positive on antigen tests for a few weeks after your initial positive. You may continue to test positive on NAATs for up to 90 days. Reinfections can occur within 90 days, which can make it hard to know if a positive test indicates a new infection. Consider consulting a healthcare provider if you have any questions or concerns about your individual circumstances.



SOURCE: https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/testing.html



Massachusetts Department of Public Health

Thank you and questions



Massachusetts Department of Public Health

Avian Influenza

March 2023: CDC Technical Report about Highly Pathogenic Avian Influenza A (H5N1) Viruses

- Since 2022, despite the wide geographic spread of highly pathogenic avian influenza (HPAI) A(H5N1) viruses in wild birds and to poultry worldwide, with sporadic spillover to mammals, only a small number of sporadic human cases of A(H5N1) have been identified.
- All reported human cases since 2022 were associated with recent poultry exposures, and no cases of human-tohuman transmission have been identified.
- To date, HPAI A(H5N1) viruses currently circulating in birds and poultry, with spillover to mammals, and those that have caused human infections do not have the ability to easily bind to receptors that predominate in the human upper respiratory tract. Therefore, the current risk to the public from HPAI A(H5N1) viruses remains low.

https://patch.com/massachusetts/across-ma/bird-flu-ma-what-know-deadly-outbreak https://www.cdc.gov/flu/avianflu/spotlights/2022-2023/h5n1-technical-report.htm



March 2023: CDC Technical Report about Highly Pathogenic Avian Influenza A (H5N1) Viruses



- Because of the potential for influenza viruses to rapidly evolve and the wide global prevalence of HPAI A(H5N1) viruses in wild birds and poultry outbreaks, continued sporadic human infections are anticipated.
- Continued comprehensive surveillance of these viruses in wild birds, poultry, mammals, and people worldwide, and frequent reassessments are critical to determine the public health risk, along with ongoing preparedness efforts.
- CDC, along with our state and local public health partners, continues to actively monitor people in the United States who have been exposed to infected birds and poultry for 10 days after exposure. To date, more than 6,300 people in 52 jurisdictions have been monitored since 2022, and only one human case has been identified.

https://www.iberkshires.com/story/68071/State-USDA-Worked-to-Contain-Avian-Flu-in-Berkshire-County.html

https://www.cdc.gov/flu/avianflu/spotlights/2022-2023/h5n1-technical-report.htm